

**Students Off And Running**

# **2012-2013 Parental Understanding of Student Participation**

Dear Parent/Guardian:

We welcome your son/daughter to the 2012-2013 Students Off And Running season. As a representative of our program at many community events throughout the year, your son/daughter is expected to show basic good behavior and respect along with a sustained level of participation in the program. It is important to understand that while our organization sets the requirements for participation, your son/daughter's Coach has the final word in deciding whether or not your child has met these requirements.

In order to remain a member of SOAR for the 2012-2013 season, and to be included in the City of Los Angeles Marathon XXVIII on March 17, 2013, the following is required of your son/daughter:

- Must exhibit proper and respectful manners and behavior towards fellow runners, Coaches and other adults at all times.
- Must have a physical examination by a medical professional.
- Must have joined before November 23, 2012.
- Must attend regular practices at school as specified by his/her Coaches.
- Must attend scheduled races on Saturdays or Sundays
- Must complete the Surf City and LA Half Marathons (13.1 miles)
- Must complete the 20 mile scheduled SOAR 20 Miler in under 5 hours time.

Please discuss these expectations with your student as well as the commitment required for membership in Students Off And Running. Thank you for your involvement with your son/daughter and our program.

~~The Staff and Coordinators of Students Off And Running

---

**Cut here and return bottom portion (Parent Understanding)**

I have read and agree to the requirements for my son's/daughter's participation in Students Off And Running.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Signature: \_\_\_\_\_ School Group: \_\_\_\_\_