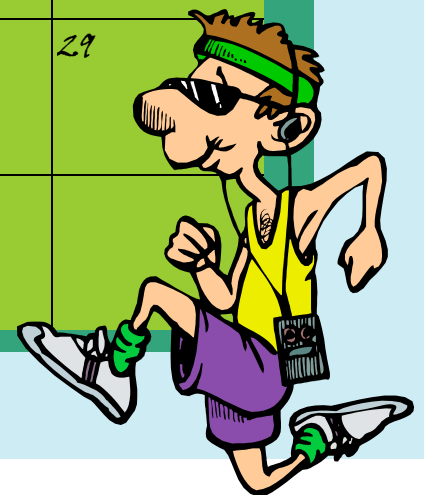


March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Event - LA XXIII Health Expo/Team Carbo Pickup 10:00am (Home)
2 Event LA Marathon XXIII Pickup 5:00am (GVHS)	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



SOAR Training Schedule 2008